



## **Laser Skin Resurfacing**

### ***Why choose laser skin resurfacing?***

Laser skin resurfacing offers patients many benefits. The procedure is truly “incisionless,” provides consistent results and offers the surgeon precise control. Its faster recovery time means that it can also delay or eliminate the need for the more invasive face-lift surgery.

### ***What conditions can be treated?***

For skin resurfacing and Through applications requiring ablation, vaporization and coagulation of soft tissue, laser skin resurfacing can treat wrinkles, epidermal nevi, acne scars, solar lentigines, actinic keratoses, hypertrophic scars and syringoma, surgical scars.

### ***What areas can be treated?***

All skin areas can be treated. Popular areas are the face, neck, chest and hands. Discuss your needs with your physician.

### ***What will happen during the procedure?***

Your physician will administer anesthesia after discussing the options with you. Your eyes will be protected with safety shields or glasses.

The laser beam will be delivered through a computer-controlled device that automatically scans the area of your skin being treated. You may hear a snapping or popping noise as the laser gently removes the outer skin cells. Your procedure may take a few minutes to half an hour depending on the size of the area to be treated and the depth of your peel.

### ***What aftercare will I need?***

It is important to follow your physician’s instructions. You will be given some skin care products and instructions on how to use them. This will minimize your risk for infection and ensure the shortest healing time. The top layer of your skin will re-grow and be covered with make-up in about one week. Your new skin will be very sensitive to ultra-violet light and you must avoid sun exposure until fully healed. You need to cover your skin, wear a hat and use a good sun screen if you have to go outdoors.

### ***What should I expect after treatment?***

Redness is common and swelling may be present in the areas treated, however, this should subside in a few hours. Your physician will instruct you how best to care for your healing skin. Your skin will have a residual pink or red color that will dissolve over time.

### ***Will it be uncomfortable?***

The amount of discomfort varies from patient to patient. Your physician will discuss your anesthesia options to properly manage any discomfort from the treatment.

### ***Is there a risk?***

Following the correct aftercare procedures prescribed by your physician will reduce the risk of infection. You will return to your physician for follow-up visits to ensure excellent healing.



***What are the side effects?***

As with any surgical procedure, there are risks and side-effects associated with laser skin resurfacing. Your doctor will review with you in detail any risks involved in the procedure.

***Is the procedure painful?***

You will be given either a topical or local anesthetic during the procedure. Sedation can also be provided. Most patients describe the post-procedure feeling as a bad sunburn; this feeling will subside in a few days. Cold compresses will also help subdue the discomfort.

***How soon will I see results?***

Because your skin will heal over a period of several weeks, you may not see the final results until then. As your skin heals and new collagen regenerates and fills in the lines and wrinkles, your results will continue to improve. Results will continue to improve for months.