



## Restylane

### ***Is Restylane safe?***

Yes. Restylane has been used by dermatologists and plastic surgeons since 1996 worldwide. There is limited risk of animal-based disease transmission or allergic reaction. Restylane is FDA approved for the treatment of moderate to severe facial wrinkles and to enhance the appearance and fullness of lips.

### ***How often should I have Restylane treatments done?***

Treatments are typically scheduled twice a year. Having a touch-up treatment before the product has fully dissipated may enhance the lasting effect.

### ***Do Restylane injections hurt?***

Restylane is injected directly into the skin in tiny amounts by an ultrafine needle, resulting in minimal discomfort. The procedure is simple and convenient, and the results are practically instantaneous. After your treatment, you might have some redness or swelling. This will normally last less than seven days.

### ***What is a lip augmentation?***

Lip augmentation can be carried out in two steps: pouting and contouring. To create a more pronounced mouth and fuller lips, Restylane is injected into the inside of the upper and/or lower lip. This is often combined with the marking of the contour of the lip by injecting the gel along the lip line. Redefining this edge leads to a more youthful and appealing look. It also prevents lipstick “bleeding” into the small lines around the lips. The lines that go up towards the nose (philtrum ridges) can be defined by injecting the gel into them. To achieve the optimal result, a combination of these steps is often used.

### ***What should patients do prior to treatments?***

Avoid using aspirin, non-steroidal anti-inflammatory medications, St. John’s Wort or high doses of Vitamin E supplements prior to treatment, as these may increase bruising or bleeding at the injection site. Also sunbathing and cold outdoor activities should be avoided until any redness or swelling disappear. If you are pregnant, breastfeeding, or under 28, you shouldn’t use Restylane

### ***Sites for Injection***

Lip Augmentation	Nasolabial Folds	Adding Volume to the Lower Lip
Marionette Lines	Small PeriOral Lines	Adding Volume to the Upper Lip
Glabellar Groove	Smile Lines	

### ***Futher Resources:***

[www.lipmasterclass.com](http://www.lipmasterclass.com)